

# DEPARTMENT OF THE NAVY

NAVAL SCHOOL OF HEALTH SCIENCES BETHESDA MARYLAND 20889-5611

NSHSBETHINST 1500.15B

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AUG 2 3 2001

## NSHS INSTRUCTION 1500.15B

From: Commanding Officer

Subj: COMMAND BASIC LIFE SUPPORT TRAINING PROGRAM

Ref:

- (a) BUMEDINST 1500.15A
- (b) SECNAVINST 1500.10
- (c) OPNAVINST 5351.1
- (d) The Military Training Network (MTN), First Edition, September 1998, Administrative Handbook for Resuscitative Medicine
- Encl: (1 Basic Life Support Training Program flow chart for new staff.

  Basic Life Support Training Program flow chart for current staff.
- 1. **Purpose.** To provide policy and procedures for planning and conducting Basic Life Support (BLS) training for the staff and student personnel of the Naval School of Health Sciences (NSHS) Bethesda, Maryland.
- 2. Cancellation. NSHSBETHINST 1500.15A

#### 3. Background

- a. Reference (a) discusses the importance and requirements for BLS training. Reference (b) establishes standards for BLS registration of Department of Defense (DoD) health care personnel. Reference (c) requires cardiopulmonary resuscitation (CPR) training be given to Navy members within 90 days of reporting to a command. Reference (d) provides standards and administrative guidelines used by MTN in conducting BLS throughout its affiliated programs.
- b. Standardized training courses serve as the basis for effective initial management of emergencies. The American Heart Association (AHA) and the American Red Cross (ARC) have developed standards and guidelines for the administration of this training. These standards are used extensively and adopted worldwide. DoD defines BLS as the training specified by AHA or ARC.
- c. Due to the variety of terminology used by accrediting agencies, the terms trained, certified, or registered are defined for this instruction as the successful completion of all the course criteria (including passing any required skills and theory

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testing) necessary for recognition by the appropriate accrediting body. The terms BLS and CPR are synonymous.

- d. The MTN was established to provide a single administrative structure for conducting AHA authorized resuscitative medicine programs in the uniformed services because training requirements exist for both operational and clinical assignments. NSHS is affiliated with the MTN and follows the policies and procedures according to reference (d).
- 4. <u>Discussion</u>. Health care providers require regular training on resuscitative procedures for:
  - a Watchstanding and sustained clinical activities.
- b. Response to mass causality incidents resulting from disaster or armed conflict.
- c. Providing timely interventions for victims of cardiac/pulmonary arrest within their work spaces.
- 5. Policy. All medical department personnel (including MC, NC, DC, MSC, HMs, DTs, and 'C' School students) shall maintain current BLS level for health care providers, AHA, or ARC CPR. All civilian personnel who have direct patient care, must maintain current training in BLS level for health care providers, AHA, or ARC CPR. Remaining personnel, are strongly encouraged, but not required, to maintain training in BLS, for non-health care providers or higher. Enclosures (1) and (2) are flow charts of the training and registration process.
- 6. Responsibility. The Basic Life Support Affiliate Faculty coordinates the Command BLS Program.

## a. Affiliate Faculty

- (1) Ensures qualifications of instructor staff are maintained.
  - (2) Ensures regular BLS classes are taught

#### b Individual member

- (1) Checks in with the Command Education & Training department.
  - (2) Maintains current registration in BLS.

# c. Training Officer

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- (1) Checks member's BLS status upon checking into Command Education and Training Department. Schedules member for next available BLS class if member is not current.
- (2) Ensures proper documentation is obtained for SPMS data entry and placed into member's training record.
- (3) Ensures that a mechanism is in place to track BLS registration status of required personnel.
- d. <u>Department Heads/Directors</u>. Ensure medical department personnel maintain BLS registration

## 6. Action.

- a. Command Education and Training Department will generate a monthly BLS status report and distribute to all hands.
- b. Appropriate health care providers, staff and students with expired registrations are required to sign up for and attend the next available BLS class.
- c. If member does not attend his/her class, and does not notify the command Education and Training department within 24 hours, a no-show memorandum will be generated to the member's Department Head/ Director. Additionally, after a second no-show memorandum, a meeting will be held with the member, Department Head, Director and the Executive Officer for appropriate action.

D. S. WADE

Distribution: List I & III

# Basic Life Support Training Program Flow Chart (New Staff)



